

The WHODAS 2.0 instructions and forms need to be available in national language

Read, practice and discuss

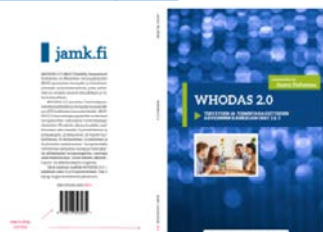
WHODAS 2.0 and its use in Finland

Jaana Paltamaa, Senior Researcher, PhD
 JAMK University of Applied Sciences, Jyväskylä, Finland

ACCESS TO WHODAS 2.0

Essential starting point in Finland was the availability of Finnish translations of the WHODAS 2.0

- 1) [Finnish manual by JAMK](#) in 2014



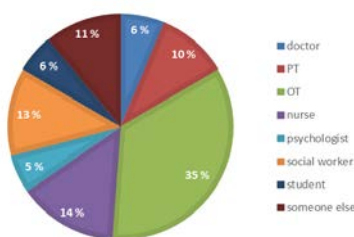
- Scoring and documentation instructions are made for users
- 2) WHODAS was listed into the [TOIMIA Functioning Measures Database](#) in 2015
- TOIMIA is an open access free-of-charge Finnish language service designed for experts and professionals interested in how to measure functioning in clinical practice and research.
- It is administrated by the TOIMIA national expert network coordinated by THL.
- The TOIMIA database is available through webpage, called [Terveysportti](#) which is maintained by the Finnish Medical Society Duodecim

All users should fill out the User Agreement Form both on the WHO and JAMK webpages

USE OF THE WHODAS IN FINLAND

- We have 127 registered users in Finland
 - In clinical practice n= 102
 - Use for research n=11
 - Use for studies in applied universities n=16

Users	n
Hospital	28
Health Centre	9
Social work	9
Primary Health Care Provider	15
Rehabilitation Centre	3
Someone else	36
In total	100



TYPES OF EDUCATION NEEDED

- WHODAS 2.0 implementation needs
 - 1) personnel with appropriate expertise in the use of it and
 - 2) skilled educators to perpetuate the transfer of knowledge to new and potential users

TIPS

- You are asking difficulties BUT afterward focus on solutions and possibilities

Questions for the forum

Several WHODAS 2.0 versions

- Do you use 12-item or 36-item version?
- Do you use interview-administered, self-administered or proxy-administered version?
- Do you use simple or complex (IRT-based) scoring?

It takes time to learn to use the WHODAS in clinical practice. My advice are:

- Read instructions and practice
- Discuss with educator and/or advanced users

What do you think - is something missing?

I have observed that the most challenging part has been **how to analyze the results and plan actions**, e.g. relevant rehabilitation goals.

How to solve this?

Acknowledgements:

Heidi Anttila, National Institute for Health and Welfare (THL)

TOIMIA Functioning Measures Database
<https://thl.fi/en/web/functioning/toimia-functioning-measures-database>



Jaana Paltamaa,
 jaana.paltamaa@jamk.fi
 +358 50 5365459