

The use of ICF in deinstitutionalization.

The criteria based on ICF were developed to assess the ability to live independently and carry out work activities within people with mental disabilities

Assisted living and employment of citizens with mental disorders: criteria for assessing their ability to live independently and engage in labour activities

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ICF use description

Purpose

To train professionals to use the ICF in the system of deinstitutionalization.

Primary audience

Specialists in the social sphere, health care, who deal with issues of assisted living of persons with mental disorders.

Education Level

Higher social, medical or other education.

Language is Russian.

Impact of ICF use

It allows us using the differentiated approaches to assessing the need to classify citizens suffering from mental disorders as partially employable and able to live independently.

To develop the evaluation criteria for independent living, we used the measurable criteria of the sections "Activities and participation" of the ICF ("Self-care" (d510-599) and "Domestic life" (d610-699)), and the ICF domains from the subsection "Major life areas" (education (d810-839), work and employment (d840-859)) were used to assess working capacity.

Types of education needed

To use as criteria not only medical indicators but also the activities and participation of citizens in ordinary social relations in natural life situations.

Tips

When determining the list of services required for assisted living in persons with disabilities, it is necessary to take into account the need of the disabled person to receive such services, health conditions, the level of activities and participation, age, and dependence on outside help.

The criteria for assessing the ability of persons with mental disabilities to live independently and be partially able to work include the assessment of:

- regularity of assisted living services;
- volume of assisted living services;
- type (nature) of assisted living;
- need for personal assistant services.

Funding: not received

Ethics approval: not required

Questions for the forum

1 How do you determine in your practice the degree of human autonomy under the ICF?

2 What types of activities and participation restrictions for persons with mental disabilities are significant for the assisted living?

3 How do you assess the restriction of life for the purpose of assistance in living?