

# ICF helps to create a comprehensive and transitional technology of rehabilitation for people with Autism Spectrum Disorders

## The use of ICF in the rehabilitation of people with Autism Spectrum Disorders

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### ICF USE DESCRIPTION

- **Purpose:** To implement an approach to rehabilitation using ICF to improve the quality of life of people with Autism Spectrum Disorders (ASD). Currently, separate organizations in different services deal with people with ASD. The common approach is missing. The use of ICF in rehabilitation of people with ASD helps to create a transitional and seamless care technology from an organizational level to the regional one.
- **Primary audience:** Administrators of healthcare and interdisciplinary teams of specialists working with people with ASD (medical practitioners, clinical psychologists, speech therapists, social work specialists, special teachers).
- **Educational level:** Higher education.
- **Language:** Russian.
- **Availability:** Upon requests.

### IMPACT OF THE ICF USE

1. ICF Core Set for ASD was translated into Russian.
2. Methods were selected in accordance with the categories of ICF for unambiguous understanding by all specialists regardless of qualifications and specialization (medical practitioners, clinical psychologists, speech therapists, etc).
3. Documents for assessment of people with ASD and development an individual rehabilitation program were created.
4. Testing started at the level of a rehabilitation organization.

### TYPES OF EDUCATION NEEDED

Training of specialists on ICF basics and the technology of rehabilitation of people with ASD.

### TIPS

The first step was taken to create the system of the comprehensive rehabilitation and habilitation of people with ASD at the regional level in Russia, and developed a transitional technology. ICF Core Set for ASD covering all health aspects is the framework for this.

**Funding:** Ministry of Labour and Social Protection of the Russian Federation

**Ethics approval:** not required

## Questions for the forum

- What technologies do you use while working with people with ASD?
- Do you use an comprehensive approach to people with ASD at the organization level, at the regional level?
- Do you use ICF while working with people with ASD?
- What difficulties did you find while using the ICF?

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