

ICF use and its health model can advance in parallel to the existing one, instigating the use of creativity as a substrate to enrich the professional practice that has been based on a more comprehensive way of thinking and acting in the context of Physiotherapy.

Biopsychosocial Model beyond the alpha numeric framework

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INTRODUCTION

Despite the theoretical framework on which the ICF is based, transposing it to the clinical routine has been a challenge.

Operationalize ICF is to appropriate its biopsychosocial model in addition to data collection, the way the professional approaches the individual, evaluating, treating and accompanying him.

METHODS

Documental analysis of 45 physiotherapeutic evaluation files before and after a conceptual leveling in ICF, focusing on the historical path of health models (biomedical and biopsychosocial) and their reconciliation in health practice.

RESULTS

Clinical diagnosis nested the context and was the starting point for the grouping information reported in the anamnesis. It was precisely in the daily routine and in movements that make up the lived experience, that the potential contents of knowing patient's functioning emerged.

CONCLUSION

Understanding the information from the patient's perspective and thinking about biomechanics and physiology from their activities, meets their needs and can stimulate the professional in creative aspects of their treatment.

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Questions for the forum

- How have academics and professionals been made aware of the biopsychosocial model, in addition to the alpha numeric structure?